



THE
AYLSHAM
COMMUNITY
TRUST
(FAMILIES)

It takes a Whole Community to Educate a Child

The Aylsham Community Trust (families) Adult Learning Evening Programme November and December 2021

Our adult learning programme offers trust families a range of opportunities to explore and develop new skills alongside studying to exam level.

*“Anyone who stops learning is old, whether at twenty or eighty. Anyone who keeps learning stays young.” – **Henry Ford***

Keep learning, stay young!



We will be offering our families the opportunity of joining an expanding programme over the coming year and would like to thank Saffron Housing for their financial support towards delivering this programme.



Cooking For Life
Starts Wednesday 10th November
(4 week course)



Tutors - Janie Elwes and Stephen Bridgeman

6pm - 8pm

Aylsham High School

Would you like to eat well but need some strategies to make your budget stretch further?

Would you like to cook healthier meals from scratch, but concerned that you lack cooking skills?

This course aims to help you develop practical skills to prepare tasty, healthy and ethical meals to suit all budgets.

There will be lots of practical tips to help with healthy eating, safe and hygienic food preparation, meal-planning, shopping, and budgeting.

You will learn how to make bread dough and pastry, joint a chicken, prepare stock, fresh pasta, and sauces. At the end of each session you will leave with a family meal.

The classes will be a learning and social occasion where you will share food and ideas.

There will be an additional non refundable fee of £10.00 towards the cost of materials for this course.





Festive Wreath and Table Decoration Workshop



Tutor - Linda Mears
Wednesday 1st December
6.30 pm - 8.30pm

or

Saturday 11th December
10 am - 12 noon

Both will be delivered at Aylsham High School

Linda will work with you to create a festive wreath and table decoration to take home.

Resources such as the wreath ring and wire will be provided, but please bring with you a supply of holly/ivy/green foliage, ribbon, baubles or other suitable items to add to your wreath and table decoration.



Car parking will normally be available at the front of the main school building.
We recommend arriving approximately 5/10 minutes before the start of your course
each week in readiness for the course to commence on time.

Refreshments - unfortunately we are unable to offer refreshments during our
adult learning courses, but you are welcome to bring your own along.



The Aylsham Community Trust (families)

Adult Learning Programme

Registration and Payment Collection Form

Our workshops and courses all attract a £10.00 refundable fee, which include examination entrance fees where applicable. The refundable fee must be paid either by BACS or cheque before the commencement of the workshop/course.

Following attendance to your workshop/course we will contact you with details for you to either claim back your refundable £10.00 fee or offer it as a donation to The Aylsham Community Trust (families). The Aylsham Community Trust (families) is a registered charity, donations will be used to provide further opportunities for our trust families to support their mental health and well-being, raise aspirations and engage in family and lifelong learning experiences. Our fee is only refundable to those who attend the full workshop/course duration.

Some courses will require a non-refundable payment for materials, this is clearly stated where applicable and should be paid at the same time as the £10.00 refundable fee.

Please tick which course(s) you would like to book a place on:

Cooking for Life - 4 week course starting on Wednesday 10th November

☐

£10.00 refundable fee plus material costs of £10.00

£20.00 fee to be paid by
Thursday 4th November

Festive wreath and table decoration workshop - Wednesday 1st December

☐

£10.00 refundable fee

£10.00 fee to be paid by
Thursday 25th November

Festive wreath and table decoration workshop - Saturday 11th December

☐

£10.00 refundable fee

£10.00 fee to be paid by
Tuesday 7th December

Places on all of our courses are limited. Following payment we will contact you to confirm your place on a course. In the event of oversubscription your payment will be refunded.

IMPORTANT

To enable us to process your application both pages of this form must be completed and returned by either e-mail to mharding@aylshamhigh.norfolk.sch.uk or delivered to Monica Harding, Aylsham High School, Sir Williams Lane, Aylsham, Norwich, NR11 6AN by the date shown against the course you are booking onto.



Full Name

Address.....

.....

.....

Email.....

Telephone

Name of the school your child attends

BACS payments should be made to:

Account Name	The Aylsham Community Trust (Families)
Sort Code	089299
Account Number	63031252
Reference	course name/surname <i>please see example of reference below</i>

Example for reference: cooking/smith

Please remember to include a reference on your payment to enable us to allocate the payment to your booking.

Cheques should be made payable to; The Aylsham Community Trust (Families)

A payment of £..... in total has been made by **BACS/Cheque** (please circle)

Signed (attendee)

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