



SUMMER HOLIDAY ACTIVITIES

A few activity ideas for
the summer holidays.

ENJOY!



Snail Craft

This is a fun and easy paper craft for children of all ages.

You will need:

- Paper
- Tissue paper
- Coloured pens
- PVA glue
- Googly eyes
- Pipe cleaner
- Scissors
- Pencil



Method

- Draw and cut the snail's body and a circle for the shell. Colour in the snail's body with marker pens.
- Tape or glue the snail's shell to the top of the body.
- Glue 2 googly eyes and draw a smile on the snail's face.
- Press a piece of tissue paper around the end of a pencil, squeeze a drop of glue on top of it, then press it to the snail's shell.
- Repeat until the entire snail's shell is covered.

You may like to have a go at making other colourful craft creatures.



Painting with Dandelion Flowers

Painting with dandelion flowers is fun and creates an artistic burst of colours.
Collect a few before cutting the lawn.

You will need:

- Dandelions
- Washable paint
- Paper

Important - If you have an allergy to dandelions
please select an alternative flower.



Instructions:

- Collect a bright yellow bunch of dandelions.
- Put a variety of coloured paint in small pots.
- Dip the flower into the paint and then gently press it onto the paper.
- Repeat.
- Once the paint has dried you may like to use your design to create a card or wrapping paper.



Summer Lemonade

You can't beat a classic lemonade for the ultimate refreshing summer drink. This simple homemade recipe is easy and perfect for everyone to enjoy on a hot summer's day.

Ingredients

- 6 x washed, unwaxed lemons
- 125g granulated sugar
- Water
- **Optional** Sparkling water and Ice cubes

Important - If you have a food allergy/intolerance please select appropriate ingredients.



Method

- To make the syrup; remove the zest of the lemons with a peeler or grater, avoiding the white pith.
- Place the zest in a medium saucepan with the sugar and 400ml of water.
- With an adult place the pan on a low heat and bring to the boil slowly, stirring to dissolve the sugar. Once the syrup comes to the boil remove it from the heat.
- Juice the lemons and add the juice to the sugary water.
- Leave to cool completely. Then strain the syrup into a bottle or clean jug and chill until needed.
- To serve, dilute the syrup with chilled water or sparkling water. (just as you would for cordial) adding ice cubes if liked.



Lemonade syrup lasts for up to 3 days in the fridge.

Nature Scavenger Hunt

Before starting this activity you may like to discuss with your child the dangers of eating berries, wild mushrooms and how to look for small creatures without disturbing them.

I Spy Scavenger Hunt

What's in the garden?


☐

Bee


☐

Buttercups


☐

Ant


☐

Tree


☐

Feathers


☐

Butterfly


☐

Sticks


☐

Puddle


☐

Snail


☐

Clouds


☐

Web


☐

Beetle


☐

Leaves


☐

Mushrooms


☐

Ladybird


☐

Bird


☐

Soil


☐

Spider


☐

Pebbles


☐

Clover


☐

Worm


☐

Daisy


☐

Caterpillar


☐

Dandelions

There are lots of fun activities for families to enjoy during the summer holidays; here are a few ideas:

The National Trust family friendly gardens, parks and woodland.

www.nationaltrust.org.uk/visit/norfolk/family-friendly

Sandcastles, fossil hunts and rock pooling.

If you're heading to the beach, take a look at the R.N.L.I advice to help you have fun and stay safe:

www.rnli.org/safety/beach-safety

The countryside is a beautiful place to walk and have picnics:

The Countryside Code is a guide to enjoying parks and waterways, coast and countryside:

www.gov.uk/government/publications/the-countryside-code

Explore walking and cycling trails across Broadland and Norfolk:

www.southnorfolkandbroadland.gov.uk/market-towns-visitor-economy/walking-cycling-broadland

Explore Norfolk's Deep History Coast:

www.visitnorthnorfolk.com/Deep-History-Coast

Discover and learn about Norfolk's wildlife:

www.norfolkwildlifetrust.org.uk/discover-and-learn

Visit one of Norfolk's museums:

www.museums.norfolk.gov.uk

