

A Directory of Activities, Clubs & Organisations for people living in the Aylsham area Issue 7.00 - Mar 2011

This is a 'Directory of Activities, Club & Organisations' for people of all ages in the Aylsham area. It is intended that this listing will be updated and improved twice a year (in March & September).

To have an entry included in future directories please e-mail the following details to thefamilyreeve@btinternet.com

1. Name of organisation
2. Contact telephone number
3. Age range catered for
4. Website URL, if any
5. Brief description - including e-mail address if 'public' (limited to 20 words)
6. Name of contact (not disclosed in published directory)
7. e-mail address of contact (not disclosed in published directory)

Alternatively, contact one of our 'joint editors':

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Disclaimer

Please note that we cannot vouch for the quality of all the organisations listed. If they appear to be of interest to you please contact them directly to find out more and see if they meet your needs. If anything causes you concern or you spot any errors or omissions please let us know!

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Please note There are other directories and listings of local activities, clubs and organisations including those produced by:

Broadland District Council

Broadland District Council's Leisure Services (Tel: 01603 430538, email: leisure@broadland.gov.uk) have produced listings at: www.broadland.gov.uk/leisure_and_tourism/440.asp

Norfolk County Council

Norfolk County Council have a web-based Corporate Directory at: www.norfolk.gov.uk/communityservicesdirectory

Hopefully, in time, there will be a single, comprehensive, regularly checked, easily searchable, web-based database that everyone has access to!

1 Publications

Aylsham Parish Magazine

Tel: See description

Age range: All ages

Website: www.aylshamparishchurch.co.uk

Description: For advertising phone 01263 733871 (Rev Branson). For all other queries phone 01263 733084 (Fiona Tibbitt).

Just Regional publications inc Just Aylsham and Just Wroxham & Coltishall

Tel: 01263 735009

Age range: All ages

Website: www.justregional.co.uk/

Description: Glossy magazines with local news, views, features and pictures. Distributed door-to-door with pick-up points. Free. Publications include Just Aylsham, Just Cromer, Just Holt, Just North Walsham, Just Sheringham, Just Wroxham & Coltishall & Just Christmas.

The Aylsham & Reepham Times

Tel: 01263 517147

Age range: All ages

Website: www.timesfreepapers.co.uk

Description: Not just a magazine but part of the community - providing local news and views. Distributed free throughout Aylsham & Reepham.

The North Norfolk Post & Aylsham Post

Tel: 01603 279859

Age range: All ages

Website: www.northnorfolkpost.co.uk

Description:

Town & Country News

Tel: 01692-582287

Age range: All ages

Website: www.townandcountrynews.co.uk/

Description: Large circulation, free, local community publication.

2 Childcare/Children/Education

2.1 Childminding Matters

Aylsham Childminders Group

Tel: 01263 732783

Age range: All ages

Website: None

Description: Come and join us for a cup of coffee whilst your children play in a safe environment.

Childminding Matters (Norfolk County Childminding Association)

Tel: 01692 404904

Age range: Adults

Website: www.childmindingmatters.org.uk/

Description: Provide support to childminders and parents looking for childminders.

Norfolk Family Information Service

Tel: 0344 800 80 01

Age range: Families with children aged 0-19 (0-25 for those with disabilities)

Website: www.norfolk.gov.uk/fis

Description: Offer impartial advice and guidance to parents/carers with babies and children aged from 0-19 (and a Family Service Directory providing details of services, support and activities at www.norfolk.gov.uk/fsd)

2.2 Parent/Toddler

Little Teds (Buxton - Parent/Carer & Baby/Young Children Group)

Tel: 01603 279345

Age range: 0 - 4

Website: None

Description: Group offers friendly welcome for parents/carers with appropriate activities for babies and very young children. Meet Wednesdays 1.30pm - 3.00pm.

2.3 Pre Schools

John of Gaunt Infant and Nursery School, Aylsham

Tel: 01263 732844

Age range: 3 - 7

Website: www.johngaunt.norfolk.sch.uk/ AND www.aylshamcluster.co.uk/

Description: Nursery & Infants School

St. Michael's Nursery & Infant School, Aylsham

Tel: 01263 732260

Age range: 3 - 7

Website: www.st-michaelsaylsham.norfolk.sch.uk AND www.aylshamcluster.co.uk

Description: Nursery and Infant School.

2.4 Schools

Aylsham High School

Tel: 01263 733270

Age range: 11 - 16

Website: www.aylshamhigh.com/ AND www.aylshamcluster.co.uk/

Description: High School

Bure Valley School, Aylsham**Tel:** 01263 733393**Age range:** 7 - 11**Website:** www.burevalleyschool.org.uk/welcome/ AND www.aylshamcluster.co.uk/**Description:** Primary School**John of Gaunt Infant and Nursery School, Aylsham****Tel:** 01263 732844**Age range:** 3 - 7**Website:** www.johngaunt.norfolk.sch.uk/ AND www.aylshamcluster.co.uk/**Description:** Nursery & Infants School**St. Michael's Nursery & Infant School, Aylsham****Tel:** 01263 732260**Age range:** 3 - 7**Website:** www.st-michaelsaylsham.norfolk.sch.uk AND www.aylshamcluster.co.uk**Description:** Nursery and Infant School.**2.5 Out of School Activities/Clubs****Broadland Tots 2 Teens Events****Tel:** 01603 430538**Age range:** 5 - 16**Website:** www.broadland.gov.uk/t2t**Description:** Holiday activities for children who live or go to school within the Broadland area**Grapevine****Tel:** 01263 733270**Age range:** 9 - 11**Website:** www.aylshamhigh.com/**Description:** Activities for Yr 5 & Yr 6 students prior to moving on to Aylsham High School.**Jubilee Tots****Tel:** 01263 734801**Age range:** 0 - 5**Website:** www.jubileefamilycentre.org**Description:** Pre-school toddler group.**Marsham Tots (Marsham Village Hall)****Tel:** 01263 733047 or 01263 731844**Age range:** 0 - 4 years**Website:** None**Description:** Parent/Carer & Toddler Group meeting in Marsham Village Hall. Thursday morning 9.15 - 11.30 am during term time only. Come and join us for a cup of coffee whilst your children play in a safe environment.**Sunday Club (Methodist Church Hall)****Tel:** 01263 733736**Age range:** 3+**Website:** None**Description:** Sunday mornings Methodist Church Hall. Stories, crafts, games, refreshments. Creche facilities available for under 3's.**The Story Keepers Club****Tel:** 01263 733047**Age range:** 5 - 7 years**Website:** None**Description:** After school bible story club for children aged 5 - 7 years. Open to all children who attend John of Gaunt Infant and Nursery School.**Tiny Tots (Methodist Church Hall)****Tel:** 01263 733047**Age range:** 0 - 4 years**Website:** None**Description:** Monday & Wednesday Methodist Church Hall. Parent/Carer & Toddler group open 9.30 am - 2.00 pm during term time, holiday times vary. Warm and friendly group offering a safe place for children to play whilst the adults enjoy a cup of coffee/tea. Lovely gar**Viking Learning Centre, North Walsham Rugby Football Club****Tel:** 01692 538846**Age range:** 6+**Website:** www.vikinglearningcentre.com**Description:** A study support centre situated at North Walsham RFC. A hands on approach to learning, using the exciting and stimulating environment of a rugby club and all it's facilities, including dedicated ICT centre and woods to support learners in their journey.**2.6 Adult Education****New Leaf Events - Aylsham Library****Tel:** 01263 732320**Age range:** Adults**Website:** www.norfolk.gov.uk/libraries**Description:** Annual programme of 6 talks on Wednesday mornings.

Norfolk County Council Adult Education Services**Tel:** 0344 800 8002**Age range:** 16 - 18 & Adults**Website:** www.norfolk.gov.uk/adulteducation**Description:** For details see website:http://www.norfolk.gov.uk/Leisure_and_culture/Adult_education/General_information_on_Adult_Education/index.htm**Reading Group****Tel:** 01263 731421**Age range:** Adults**Website:** None**Description:****Workers Educational Association (WEA) - Aylsham Branch****Tel:** 01263 732637**Age range:** Adults**Website:** www.wea.org.uk**Description:** Classes at Friends Meeting House, Pegg's Yard, Aylsham on Tuesday afternoons.**3 Health inc Health Information/Support****Aylsham Blind Club (ABC)****Tel:** 01603 279471**Age range:** Adults**Website:** None**Description:** None**Aylsham Care Trust (A.C.T.)****Tel:** 01263 734578**Age range:** Adults**Website:** www.aylshamcaretrust.com**Description:** Support for older people, people with disabilities and people living alone, luncheon clubs, social outings, shopping trips, transport, and volunteer emergency car service, befriending and crisis support. Transport can be provided.**Aylsham Manor****Tel:** 01263 733253**Age range:** Adults**Website:** None**Description:** Residential Care Home.**Drop-in Coffee (Aylsham Care Trust)****Tel:** 01263 733879**Age range:** Adults**Website:** www.aylshamcaretrust.com**Description:** Support for those living on their own or who feel isolated. Transport can be provided.**Facing It Together****Tel:** 01263 731670**Age range:** Adults**Website:** None**Description:****Friends of St Michael's Hospital Community Units & Aegel House****Tel:** 01263 735509**Age range:** Adults**Website:** None**Description:****Market Surgery Support Group****Tel:** 01603 871595**Age range:** Adults**Website:** None**Description:****Stroke Club****Tel:** Mob 07799436058**Age range:** Adults**Website:** None**Description:** Bure Valley House - Mondays 2.00 - 4.00pm.**Surviving Together - Norwich & Aylsham****Tel:** 07796 296 922**Age range:** Adults**Website:** www.survivingtogether.org.uk/ e-mail: help@survivingtogether.org.uk**Description:** Surviving Together is a self-help support group for women survivors of childhood sexual abuse. It meets in Norwich - Friends' Meeting House, Upper Goat Lane and in Aylsham - Friends' Meeting House, Red Lion Street but participants need to phone first.**Sycamore Tree****Tel:** 01263 734801**Age range:** Adults**Website:** www.jubileefamilycentre.org**Description:** For those with memory problems and their carers.

The Mardler**Tel:** 01692 538432**Age range:** Adults**Website:** None**Description:** Local talking newspaper for the blind (based on the North Norfolk News). Also produce a monthly magazine and the District Council News Sheet 'Outlook'.**Voluntary Norfolk****Tel:** 01263 731478**Age range:** 16+**Website:** www.voluntarynorfolk.org.uk**Description:** Signpost voluntary opportunities locally and throughout Norfolk. Offer practical help and advice to voluntary organisations. Recruit volunteers to help people who are isolated and lonely and in need. Train volunteers and provide support to volunteers.**4.1 Parish & Town Council Contact Information****Aylsham Town Council****Tel:** 01263 733354**Age range:** All ages**Website:** www.aylsham-tc.gov.uk**Description:** Aylsham Town Council Clerk Mo Anderson-Dungar can be contacted via Tel: 01263 733354 or e-mail: townclerk@aylsham-tc.gov.uk**4.2 Meeting Places****4.2.1 Meeting Places / Halls for Hire****Aylsham High School****Tel:** 01263 733270**Age range:** 11 - 16**Website:** www.aylshamhigh.com/ AND www.aylshamcluster.co.uk/**Description:** Room(s) for hire.**Aylsham Recreation Ground & Pavilion****Tel:** 01263 733027**Age range:** All ages**Website:** None**Description:** Room(s) for hire.**Aylsham Town Hall & The Green Room****Tel:** 01263 733354**Age range:** All ages**Website:** www.aylsham-tc.gov.uk**Description:** Room(s) for hire. For details contact Hilary McCann e-mail: info@aylsham-tc.gov.uk**Aylsham Youth & Community Centre****Tel:** 01263 732213**Age range:** All ages**Website:** www.aylshamyouthclub.org.uk**Description:** Youth club and community hall for hire.**Bure Valley School, Aylsham****Tel:** 01263 733393**Age range:** 7 - 11**Website:** www.burevalleyschool.org.uk/welcome/ AND www.aylshamcluster.co.uk/**Description:** Room(s) for hire.**Cawston Road Chapel, Chapel Road, Aylsham****Tel:** 01263 735011**Age range:** All ages**Website:** None**Description:** Room(s) for hire.**Friends Meeting House, Peggs Yard, Red Lion Street. Aylsham****Tel:** 01263 735059**Age range:** All ages**Website:** None**Description:** Room(s) for hire.**Friendship Club, Mill Road, Aylsham****Tel:** 01263 732879**Age range:** All ages**Website:** None**Description:** Room(s) for hire.**Jubilee Family Centre, Aylsham****Tel:** 01263 734801**Age range:** All ages**Website:** www.jubileefamilycentre.org**Description:** Room(s) for hire.

Methodist Church & Hall**Tel:** 01263 732102**Age range:** All ages**Website:** None**Description:** Room(s) for hire.**The Drill Hall, Cawston Road, Aylsham****Tel:** 01263 738200**Age range:** All ages**Website:** None**Description:** Room(s) for hire.**The Tithe Barn (Horstead)****Tel:** 01603 737495**Age range:** All ages**Website:** www.horsteadtithebarn.wordpress.com/**Description:** Bookings taken by Sue Blackburn - Booking Secretary. Tel: 01603 737495.**4.2.2 Meeting Places / Function Rooms at Licensed Premises****Aylsham Lodge, Norwich Road, Aylsham****Tel:** 01263 734851**Age range:** All ages**Website:** www.aylshamlodgehotel.co.uk/**Description:** Licensed room(s) for hire.**The Black Boys, Market Place, Aylsham****Tel:** 01263 732122**Age range:** All ages**Website:** None**Description:** Licensed room(s) for hire.**The Feathers, 54 Cawston Road, Aylsham****Tel:** 01263 732314**Age range:** All ages**Website:** None**Description:** Licensed room(s) for hire.**The Greens, Norwich Road, Aylsham****Tel:** 01263 733085**Age range:** All ages**Website:** www.thegreensaylsham.co.uk/**Description:** Licensed room(s) for hire.**The Unicorn, Hungate Street, Aylsham****Tel:** 01263 732814**Age range:** All ages**Website:** None**Description:** Licensed room(s) for hire.**4.2.3 Meeting Places / Private Halls & Clubs****Aylsham & District Ex-Service & Social Club****Tel:** 01263 732182**Age range:** Adults**Website:** None**Description:** Rooms available for use by local groups.**Bure Valley Railway****Tel:** 01263 733858**Age range:** All ages**Website:** www.bvrw.co.uk/**Description:** May offer room(s) / Whistlestop Café for hire.**Sutton School of Dancing, Mill Row, Aylsham****Tel:** 01263 733162**Age range:** All ages**Website:** None**Description:** May offer room(s) for hire.**5 Churches & Church Organisations****Aylsham Community Church****Tel:** 01263 733332**Age range:** All ages**Website:** www.aylshamcommunitychurch.org**Description:****Aylsham Parish Church of St Michael & All Angels****Tel:** 01263 733871**Age range:** All ages**Website:** www.aylshamparishchurch.co.uk

Churches Together in Aylsham**Tel:** 01263 733307**Age range:** All ages**Website:** None**Description:****Emmanuel Church****Tel:** 01263 735011**Age range:** All ages**Website:** None**Description:****Frettenham Parish Church - St. Swithin****Tel:** 01603 737255**Age range:** All ages**Website:** www.norwich.anglican.org.**Description:** All ages welcome to worship and meet together. 13th Century Church. Services at 11.00am - Holy Communion 1st and 3rd Sundays.**Hainford Parish Church - All Saints'****Tel:** 01603 737255**Age range:** All ages**Website:** www.norwich.anglican.org.**Description:** Services 9.30am every Sunday (Holy Communion 2nd and 4th). All ages welcome to worship and meet together.**Horstead Family Fun Church****Tel:** 01603 737255**Age range:** All ages**Website:** www.norwich.anglican.org.**Description:** Tea, craft, music , bible stories for the whole family (" Messy Church" style) at 3.00 pm on the 3rd Sunday in month. Held in Horstead Tithe Barn.**Horstead Parish Church - All Saints'****Tel:** 01603 737255**Age range:** All ages**Website:** www.norwich.anglican.org.**Description:** Horstead Church welcomes all to meet and worship in its beautiful 13th Century Church. Holy Communion in modern language (3rd Sunday in month 9.30am) & BCP (8.00am on 1st Sundays). Morning Prayer other Sundays at 9.30am. Sunday School (Coltishall).**Jubilee Family Centre, Aylsham****Tel:** 01263 734801**Age range:** All ages**Website:** www.jubileefamilycentre.org**Description:****Julian Group****Tel:** 01263 734820**Age range:** Adults**Website:** None**Description:****Kingdom Hall of Jehovah Witnesses, Dunkirk, Aylsham****Tel:** 01263 734862**Age range:** All ages**Website:** None**Description:****Macaw Club (Marsham Village Hall)****Tel:** 01263 735397**Age range:** 5 - 11**Website:** None**Description:** After school club held fortnightly during term time. Games, crafts, bible stories and refreshments, small sub of 50p per child to cover costs.**Messy Church (Methodist Church Hall)****Tel:** 01263 733047 or 01263 732102**Age range:** All ages**Website:** None**Description:** Third Saturday of the month, 4.00 - 6.00 pm in the Methodist Church Hall. Open to all the family, toys available for the very young. Crafts, games, food, stories, puppets and songs.**Methodist Church & Hall****Tel:** 01263 732102**Age range:** All ages**Website:** None**Description:****Mothers Union****Tel:** 01263 731380**Age range:** Women**Website:** None**Description:**

New Life Church, North Walsham**Tel:** 01692 406050**Age range:** All ages**Website:** www.newlifenorthwalsham.com**Description:** We are a Christian church based in North Walsham, at which all are very welcome.**Religious Society of Friends (Quakers)****Tel:** 01263 735059**Age range:** All ages**Website:** None**Description:****St John of the Cross, Aylsham - Catholic Church****Tel:** 01692 403258**Age range:** All ages**Website:** www.sacredheartnorthwalsham.com**Description:****Stratton Strawless Parish Church - St. Margaret****Tel:** 01603 737255**Age range:** All ages**Website:** www.norwich.anglican.org**Description:** Open every day. Candlelit Evensong once a month 6.00pm on 4th Sundays. All ages welcome (8.00am on 1st Sundays). Morning Prayer other Sundays at 9.30am. Sunday school (in Coltishall).**The Salvation Army****Tel:** 01263 733883**Age range:** All ages**Website:** None**Description:** Sunday Worship, Songs of Praise, Coffee Mornings.**6 Recreational****6.1 Arts & Crafts inc Floristry****Art Group (Friends Meeting House)****Tel:** 01263 732552**Age range:** Adults**Website:** None**Description:** Meet Thursday mornings at The Friends Meeting House, Red Lion Street.**Aylsham Card Making Group****Tel:** 01263 733448**Age range:** Adults**Website:** <http://norfolkcardgroup.blogspot.com/>**Description:** Meet monthly in Aylsham, learn new techniques in a friendly supportive atmosphere.**Aylsham Craft Workshop for the Visually Impaired****Tel:** 01263 733424**Age range:** Adults**Website:** None**Description:** Opportunities for Registered Blind people to learn various crafts.**Aylsham Methodist Church Art and Craft Group****Tel:** 01263 733736**Age range:** Adults**Website:** None**Description:****Buxton Photographic Club****Tel:** 01603 279248**Age range:** Adults**Website:** Under construction**Description:** 1st & 3rd Monday of the month Buxton Village Hall at 8.00pm.**6.2 Dance / Drama / Music****Aylsham Band****Tel:** 01263 733006**Age range:** 7 - Adult**Website:** www.aylshamband.org.uk**Description:** Brass band**Aylsham Community Ensemble****Tel:** 01263 733393 / 01603 303346**Age range:** 7 - 16**Website:** www.norfolk.gov.uk/musicservice**Description:** A community band for all children in the Aylsham Cluster and beyond. Meet at Bure Valley School on Thursdays 4.00pm to 5.00pm.

Aylsham Music Society**Tel:** 01263 768441**Age range:** 8 - Adults**Website:** www.visitnorthnorfolk.com**Description:** Mainly classical lunch hour concerts every month at St Michael's Church. Light lunch available.**Aylsham Players****Tel:** 07798 611233**Age range:** All ages**Website:** Under construction**Description:** The players put on at least two shows a year, new members always welcome.**Broadland School of Dance****Tel:** 01263 731630**Age range:** 3+ years**Website:** www.broadlandschoolofdance.co.uk**Description:** Classes in Ballet, Tap, Modern, Street, Drama, Singing. Classes held in Old Catton, Wroxham & Norwich. For more info please contact Katy at info@broadlandschoolofdance.co.uk**Broadland Youth Choir****Tel:** 01603 721912**Age range:** 7 - 18**Website:** Under construction**Description:** The choir numbers some 50 children aged 7 – 18 (and there is room for more!) There is a Junior and a Senior section. We are a fun but also highly motivational group which is numbered among the best in the country.**Bure Valley Male Voice Choir****Tel:** 01263 733325 / 01692 630663**Age range:** Adults**Website:** None**Description:** A friendly group of men who meet on Tuesday evenings to sing a wide range and eclectic choice of music and give concerts throughout North Norfolk.**Hand Bell Ringers (Marsham Belles)****Tel:** 01263 734115**Age range:** Adults**Website:** None**Description:****Modern Sequence Dancing****Tel:** 01603 783399**Age range:** Adults**Website:** None**Description:** Meet in Hoveton Village Hall on Wednesdays 7.30pm - 10.00pm.**Musical Keys****Tel:** 01603 405858**Age range:** 0 - 16**Website:** www.musicalkeys.co.uk**Description:** Music, movement and fun for children with special needs and disabilities. JFC 3.30pm Wednesdays.**Salsa4everyone****Tel:** 07877 797023**Age range:** All ages**Website:** www.salsa4everyone.co.uk**Description:** Salsa Lessons in Aylsham (Friendship Hall) and North Walsham (Rossis Leisure) on Tuesday's and Thursday's respectively. Beginners very welcome.**St John's Choir****Tel:** 01263 577784**Age range:** 12 - Adults**Website:** None**Description:** Sing at Sunday Mass at Catholic Church of St. John of the Cross (so fairly regular attendance needed). Rehearsals: Tuesdays 7.00 - 8.00pm.**St Michael's Guild of Ringers****Tel:** 01263 732462**Age range:** All ages (subject to physique)**Website:** www.aylshamtower.org.uk**Description:** Practice and execution of tower-bell change ringing (up 10 bells) in all its forms**Steel Band - Buxton****Tel:** 01603 279627**Age range:** All ages**Website:** None**Description:** Practice in Buxton on Wdnesdays 6.00pm - 8.00pm.**Sutton School of Dancing, Mill Row, Aylsham****Tel:** 01263 733162**Age range:** 2.5 - Adults**Website:** None**Description:** Dancing for all ages, ballet, tap, theatrecraft, gymnastic dance and freestyle at Aylsham, Briston, and North Walsham.

6.3 History

Aylsham Archives

Tel: 01263 733354

Age range: Adults

Website: www.aylsham-tc.gov.uk

Description: Open Tuesdays 10.00 to 12.00. It helps if you can contact us in advance of your visit. For details contact Lloyd Mills (Hon.Archivist) email: archive@aylsham-tc.gov.uk

Aylsham Local History Society

Tel: 01263 731087

Age range: Adults

Website: www.aylsham-history.co.uk

Description: Lectures, courses and visits with a local emphasis.

6.4 Horticulture

Allotments (via Aylsham Town Council)

Tel: 01263 733354

Age range: Adults

Website: www.aylsham-tc.gov.uk

Description: Aylsham Town Council owned allotments. For details contact Hilary McCann e-mail: info@aylsham-tc.gov.uk

Aylsham & District Flower Club

Tel: 01603 897272

Age range: Adults

Website: None

Description: Meet second Wednesday in the month in Aylsham Town Hall at 7.30 pm

Greenfingers Gardening Club

Tel: 01263 733797

Age range: Adults

Website: None

Description: Events and visits with a gardening theme. Meet at Banningham & Colby Jubilee Hall

6.5 Play areas

6.6 Special Interest

Arrow Roadcraft Motorcycle Training

Tel: 01603 754954

Age range: 16 - 99

Website: www.arrowroadcraft.com

Description: CBT, Moped, 125cc and big bike training. ERS and advanced training.

Aylsham & District Bridge Club

Tel: 01603 262908

Age range: Adults

Website: None

Description:

Aylsham & District Chess Club

Tel: 01263 733744 (Jonathan) / 01263 733909 (Malcolm)

Age range: All ages

Website: None

Description: Meet at Aylsham & District Ex-Service & Social Club, Hungate Street, Aylsham on Friday evenings. Please phone for details.

Aylsham Postcard Club

Tel: 01603 715130

Age range: All ages

Website: None

Description: Meet 1st Monday evening of every month at Cawston Chapel.

Bure Valley Railway Volunteering Group

Tel: 01263 733858

Age range: Adults

Website: www.bvrw.co.uk/

Description: 18+ Volunteers always required to help maintain, operate and run the railway.

Bure Valley Ringcraft Club (Dog training)

Tel: 07504 039530

Age range: All ages

Website: None

Description: Monday evening training for Dog Showing held in Drill Hall / Buttlands Car Park. Instructors are mainly show judges.

Norfolk & Norwich Group of Advanced Motorists

Tel: 01263 732997

Age range: Adults

Website: www.nnam.org

Description: Promote driving road safety with skills & responsibility. Affiliated to the Institute of Advanced Motorists.

North Norfolk Model Engineering Club**Tel:** 01263 512350**Age range:** All ages**Website:** None**Description:****North Walsham & District Branch of Cats Protection****Tel:** 01692 535858**Age range:** Adults**Website:** www.northwalsham.cats.org.uk**Description:****Presto Park Scaletrix Club (Aylsham)****Tel:** 01603 754319**Age range:** 12 - Adults**Website:** www.prestoparkmmrc.co.uk**Description:** Model car racing club inc Junior Club every other Saturday afternoon from 2 to 5pm**6.7 Sport / Leisure / Health****Aldborough Cricket Club****Tel:** 01263 768488**Age range:** 7 - Adults**Website:** www.aldboroughcc.co.uk**Description:** Offering cricket training and matches for all levels and abilities from 7 years - senior level.**Aquafit****Tel:** 01603 897446**Age range:** 50+**Website:** None**Description:****Aquafit / Swimsation / Swimming Lessons****Tel:** 01603 897446**Age range:** All ages**Website:** None**Description:****Aylsham Badminton Club****Tel:** 01603 279522**Age range:** Adults**Website:** None**Description:** 08.00 to 10.00 pm Mondays. Experienced players only (not suitable for beginners).**Aylsham Bowling Club****Tel:** 01263 731881 / 01263 734834**Age range:** Adults**Website:** None**Description:** Lawn bowls**Aylsham Football Club (AFC) - Girls' & Women's Section****Tel:** 01263-731772 / 01263-731497**Age range:** 6 - Adults**Website:** www.aylshamfc.co.uk**Description:** Football teams. Also opportunities to coach and help with admin.**Aylsham Football Club (AFC) - Men's Section****Tel:** 01263 734104 / 01263-731497**Age range:** Adults**Website:** www.aylshamfc.co.uk**Description:** Football teams. Also opportunities to coach and help with admin.**Aylsham Football Club (AFC) - Mixed Juniors & Boys' Section****Tel:** 01692-408906 / 01263-731497**Age range:** 6 - 16**Website:** www.aylshamfc.co.uk**Description:** Football teams. Also opportunities to coach and help with admin.**Aylsham High School - Adult Lane Swimming****Tel:** 01603 754423**Age range:** Adults**Website:** None**Description:** Tuesday evenings at Aylsham High School (term time only).**Aylsham High School - Casual Badminton****Tel:** 01603 754423**Age range:** All ages**Website:** None**Description:** Monday, Tuesday, Thursday & Friday evenings at Aylsham High School.

Aylsham High School - Casual Tennis

Tel: 01603 754423

Age range: All ages

Website: None

Description: Tuesday & Thursday evenings at Aylsham High School.

Aylsham High School - Junior Badminton Club

Tel: 01263 733270

Age range: 8 - 16

Website: None

Description: Term time only

Aylsham Netball Club

Tel: 01263 733514

Age range: Yr 7 -Yr 11 + senior club for adults

Website: None

Description: Wednesdays: 7 - 8pm junior girls, 8 - 9pm senior girls & 7 - 8.30pm ladies.

Aylsham Recreation Ground & Pavilion

Tel: 01263 733027

Age range: All ages

Website: None

Description: Facilities include play areas for Under & Over 12's, a skate park, tennis courts, bowling green and outside sports facilities for use by local clubs.

Aylsham Short Mat Bowls Club

Tel: 01263 734834

Age range: Adults

Website: None

Description: Thursday evenings at Aylsham High School.

Aylsham St Giles Cricket Club

Tel: 01603-250519 / 01263-510102

Age range: 11 - Adults

Website: www.aylshamstgiles.play-cricket.com

Description: Indoor nets during Spring. Matches during Summer.

Aylsham Tennis Club

Tel: 01263 734959

Age range: 4 - Adults

Website: www.aylshamtennisclub.co.uk

Description: Coaching, social and competitive tennis available to members and visitors

Aylsham Youth Amateur Boxing Club

Tel: 01263 732983

Age range: 8 - Adults

Website: www.aylshamboxingclub.co.uk/

Description: Boxing Club

Chilsong Martial Arts Club

Tel: 01603 872077

Age range: All ages

Website: www.chilsong.com

Description: Classes in Reepham on Tuesdays & Fridays.

Colt Jags FC

Tel: 01603 266193 / 07982 718101

Age range: 6 - Adult

Website: None

Description: Youth and ladies football

Cyclists Touring Club - Norfolk District Association

Tel: 01603 402645

Age range: All ages

Website: None

Description:

Eastern Kung Fu & Kickboxing Academy - N Walsham

Tel: 07596 991947

Age range: 7 - Adults

Website: None

Description: Kung Fu / Kickboxing

Eastern Rivers Ski Club

Tel: 01603 782035

Age range: Adults

Website: www.erwsc.co.uk/

Description: Water ski-ing

Eastern Shotokan Karate Association (ESKA)**Tel:** 01603 418751 / 07860554235**Age range:** 4-6 years, 6-15 years & 16+ years**Website:** www.eska.co.uk/**Description:** Shotokan Karate classes for beginners and all levels. Tiny Tiger classes 4-6 years / Junior Classes 6-15 years / Adult Classes 16+ years. We are dedicated to teaching traditional Shotokan Karate to the very highest standard.**Erpingham Bowls Club****Tel:** 01263 768655**Age range:** 10 - 100**Website:** None**Description:** Club welcomes members from the local area. Annual fee £18. Open Sunday Tournament @ 1.45pm.**Erpingham Carpet Bowls****Tel:** 01263 768279**Age range:** 10 - 100**Website:** None**Description:** Meet in Erpingham Village Hall on Tuesdays 7.30 - 10.00pm during Sept - April carpet bowls season.**Extend (Gentle Exercise Class)****Tel:** 01692 407851**Age range:** Adults**Website:****Description:****Feathers and Fletchings Archery - Broadland High School****Tel:** 07789 455 150**Age range:** 10 - Adults**Website:** www.feathersandfletchings.co.uk**Description:** Archery tuition and coaching for all ages and abilities. Fully mobile service. NGB qualified coaches. For details phone Andy Hood on 07789 455 150 or e-mail: info@feathersandfletchings.com**Fit Together - Central Norfolk Health Walks****Tel:** 01603 423377**Age range:** Adults**Website:** www.norwichfringeproject.co.uk / www.activenorfolk.org/fittogether**Description:** Health Walks**Hatha Yoga****Tel:** 01263 732426**Age range:** Adults**Website:** None**Description:** Mixed ability sessions at Quaker Meeting House, Peggs Yard, Red Lion St, Aylsham, Tuesdays 7.30 - 9.00 pm (term-time) & Fridays 10.00 - 11.30 am (all year).**Horning Sailing Club****Tel:** 01692 670539**Age range:** All ages**Website:** www.horningssc.co.uk/**Description:** Provide RYA training for young people and adults. Opportunities for social and race sailing.**Jiggers Fitness Classes****Tel:** 01692 538569**Age range:** Adults**Website:** None**Description:** A variety of classes for all abilities including Aerobics, Conditioning, Pilates, Step, Yoga & Zumba.**Karttrak - Cromer****Tel:** 01263 512 649**Age range:** min age 8 min height 4'6"**Website:** www.karttrak.co.uk**Description:** 500 mtr tarmac karting circuit using 200cc karts. Fast & Fun. Private Hire and Corporate Events. E-mail: info@karttrak.co.uk**Kung Fu****Tel:** 07780833436 / 07805066602**Age range:** All ages**Website:** www.threefamilysist.co.uk**Description:****Ladies Walking Group****Tel:** 01263 731336**Age range:** Adults**Website:** None**Description:****Mermaid River Pool****Tel:** 01263 735903**Age range:** All ages**Website:** www.mermaidriverpools.co.uk**Description:** 20m pool for private hire, swimming lessons or water aerobics.

Mobile Gym & Nordic Walking - Aylsham Drill Hall

Tel: 01263 516305 / 07795265671

Age range: 50+

Website: www.fitasafiddle.org.uk

Description: The 'Fit as a Fiddle' programme is run by Age UK and funded by The Big Lottery as part of a wellbeing programme. Pre-booking of Gym & Nordic Walking sessions is necessary.

Nancy Oldfield Trust

Tel: 01692 630572

Age range: 5 - 18

Website: www.nancyoldfield.org.uk/

Description: The Trust offers a variety of courses or holidays to suit the differing needs and abilities of disabled people. Courses are organised so people can try/further their experience in activities inc sailing, canoeing, motor boating, fishing and bird-watching.

Norfolk Fei Yan Tai Chi & Qigong Club

Tel: 01603 466120

Age range: Adults

Website: www.taichi-norfolk.com

Description: Regular, relaxed, friendly classes for all ages and abilities in Aylsham, Burgh, Holt, Neatishead & North Walsham.

North Norfolk Vikings Swimming Club - Club Training

Tel: 01493 369143/ 07879453616

Age range: 7 - Adult

Website: None

Description: We offer full club training for those wanting to compete - for swimmers from 7 to 18+, adult development and fitness and a masters section split between Aylsham High School Pool and North Walsham Victory Pool.

North Norfolk Vikings Swimming Club - Learn to Swim

Tel: 01493 369143/ 07879453616

Age range: All ages

Website: None

Description: We offer learn to swim lessons of a club based training nature on Friday evenings.

North Norfolk Vikings Swimming Club - Parent/Toddler/Child Swimming

Tel: 01493 369143/ 07879453616

Age range: 0 - 9

Website: None

Description: We offer learn to swim lessons on a Saturday morning from parent and toddler to 8/9 year old.

North Walsham Bowls Club

Tel: 01692 404966

Age range: 10 - Adults

Website: www.rossisleisure.com

Description: Indoor green bowls - junior and adult memberships, league competitions, coaching available.

North Walsham Rugby Football Club

Tel: 01692 538808

Age range: 6 - Adult

Website: www.nwrfc.co.uk

Description:

Norwich Canoe Club

Tel: 01603 618174

Age range: 8+ years

Website: www.norwichcanoecub.org.uk/

Description: Community Amateur Sports Club focussed on canoeing for all ages and abilities.

Norwich Rowing Club

Tel: 01603 622540

Age range: 8+ years

Website: www.norwichrowingclub.org

Description: Community Amateur Sports Club focussed on rowing for all ages and abilities.

Premier Sport Activities

Tel: 0871 230 9455

Age range: 7+

Website: www.premiersport.org

Description: Sports coaching to will help children to live a healthy, fun and fit life

Rosemary Conley Diet & Exercise Club

Tel: 01603 449736 / 07902472413

Age range: Adults

Website: www.rosemaryconley.com/

Description: Diet and Exercise classes for all abilities and ages. 16+. Aylsham High School on Tuesday evenings 5.45pm and 7.15pm.

Rossis Leisure Club Health and Fitness

Tel: 01692 404966

Age range: 16+

Website: www.rossisleisure.com

Description: Gym, pool, sauna, spa, steam, squash, aerobics and bistro.

Slimming World**Tel:** 01263 587877**Age range:** Adults**Website:** www.slimmingworld.co.uk**Description:** St Michael's School - Wednesdays at 5.30pm and 7.30pm.**Stompers Indoor Adventure Play****Tel:** 01692 407793**Age range:** 2 - 11**Website:** www.rossisleisure.com**Description:** Children's indoor play, open 7 days, pay and play, food available, party bookings available.**Strikers Tenpin Bowling****Tel:** 01692 407793**Age range:** 4 - Adults**Website:** www.rossisleisure.com**Description:** 6 full-size Tenpin Bowling lanes, food available, pay and play, parties welcome.**Taverham Archers****Tel:** 01508 495375 / 07931 598419**Age range:** All ages***Website:** www.taverhamarchers.freeola.org**Description:** Archery Club for all levels and ages, includes target, indoor and outdoor and woodland range. *Children need to have adult supervision.**The Horstead Centre****Tel:** 01603 737215 (Option 1)**Age range:** 8 - 25**Website:** www.horsteadcentre.org.uk**Description:** Outdoor activity centre for residential groups and day visitors.**The Mill School of Gymnastics (Aylsham)****Tel:** 01263 576609 / 07919415982**Age range:** All ages**Website:** www.themillschoolofgym.co.uk**Description:** Gymnastics at AHS**Thwaite Common Riding Stables****Tel:** 01263 761787**Age range:** 7 - 16**Website:** www.thwaitecommonridingstables.co.uk/**Description:** Riding Stables inc Saturday Saddle Club 1.30-5.30pm for 7 - 16 year olds.**Victory Swimming and Fitness Centre (N Walsham)****Tel:** 01692 409370**Age range:** All ages**Website:** www.victoryswimandfitnesscentre.co.uk**Description:** 25m pool, Gym, Aerobics Studio, Function Room & Parties**Weight Watchers (UK) Ltd****Tel:** 01603 788048**Age range:** Adults**Website:** None**Description:** St Michael's School - Tuesdays from 6.45pm**Whitlingham Boathouses Foundation****Tel:** 01603 443588**Age range:** 8+ years**Website:** www.whitlinghamboathouses.co.uk**Description:** Community rowing and canoeing centre in Whitlingham Country Park, Trowse for all ages and abilities. (Registered Charity No 1133063).**6.8 Wildlife/Nature****Aylsham & District Wildlife Society****Tel:** 01263 732508**Age range:** All ages**Website:** www.aylsham-wildlife.co.uk**Description:** A friendly club of amateur enthusiasts with a programme of talks & field meetings.**Mannington Minnows****Tel:** 01263 584175 or 01263 768444**Age range:** 6 - 12**Website:** www.manningtongardens.co.uk**Description:** Mannington Gardens natural history club for children.**Redwings Horse Sanctuary****Tel:** 01508 481000**Age range:** All ages**Website:** www.redwings.org.uk/**Description:** Redwings is the UK's largest horse sanctuary, caring for over 1,100 horses, ponies, donkeys and mules.

6.9 Youth Organisations

Air Training Corps - Broadland - 222 Squadron

Tel: 01603 781222

Age range: 13 - 18

Website: www.222-atc.org.uk

Description: Air Training Corps - Monday and Friday evening at 7.15pm, Broadlands High School.

Air Training Corps - North Walsham - 2110 Squadron

Tel: 01692 402110 / 07821665650

Age range: 13 - 18

Website: www.nswingatc.co.uk

Description: Air Training Corps - Monday and Thursday evenings at 7.00pm, North Walsham Primary School.

Army Cadet Force - Aylsham (Britannia Company)

Tel: 01362 656912

Age range: 12 - 18

Website: www.norfolkacf.com / www.armycadets.com

Description: Challenging military, adventurous and community activities

Aylsham Brownies

Tel: 01603 502590

Age range: 7 - 10

Website: www.girlguidingnorfolk.org.uk/

Description: 1st, 2nd & 4th Aylsham Brownies

Aylsham District Senior Section (Guides)

Tel: 01603 502590

Age range: 14 - 25

Website: www.girlguidingnorfolk.org.uk/

Description: Guides - Adult Section

Aylsham Guides

Tel: 01603 502590

Age range: 10 - 14

Website: www.girlguidingnorfolk.org.uk/

Description: 3rd & 4th Aylsham Guides

Aylsham Rainbows

Tel: 01603 502590

Age range: 5 - 7

Website: www.girlguidingnorfolk.org.uk/

Description: 1st & 2nd Aylsham Rainbows

Aylsham Youth & Community Centre

Tel: 01263 732213

Age range: 11 - 18

Website: www.aylshamyouthclub.org.uk

Description: Youth club and community hall for hire.

Buxton Lamas Brownies

Tel: 01603 502590

Age range: 7 - 10

Website: www.girlguidingnorfolk.org.uk/

Description: 2nd Buxton Lamas Brownies

Buxton Lamas Guides

Tel: 01603 502590

Age range: 10 - 14

Website: www.girlguidingnorfolk.org.uk/

Description: 1st Buxton Lamas Guides

Cawston Brownies

Tel: 01603 502590

Age range: 7 - 10

Website: www.girlguidingnorfolk.org.uk/

Description: 1st Cawston Brownies

Cawston Scout Group - Beaver Section

Tel: 01603 870869

Age range: 6 - 8

Website: www.norfolkscouts.org.uk/

Description: Beavers

Cawston Scout Group - Cub Section

Tel: 01603 879441

Age range: 8 - 10

Website: www.norfolkscouts.org.uk/

Description: Cubs

Cawston Scout Group - Scout Section**Tel:** 01603 872690**Age range:** 10.5 - 14**Website:** www.norfolkscouts.org.uk/**Description:** Scouts**Corpusty and Saxthorpe Brownies****Tel:** 01603 502590**Age range:** 7 - 10**Website:** www.girlguidingnorfolk.org.uk/**Description:** 1st Corpusty and Saxthorpe Brownies**J.A.M. Club (Methodist Church Hall)****Tel:** 01263 735263**Age range:** 10+**Website:** None**Description:** Youth group open to all young people aged 10 years and over. Wednesday during term time 7.30 - 9.00 pm Methodist Church Hall. Games, refreshments, bible reflections, outings and camps, sub: £1 per person.**Scouts (North East Norfolk)****Tel:** 01263 822582**Age range:** 10.5 - 14**Website:** www.northeastnorfolkscouts.org.uk/ / www.norfolkscouts.org.uk/**Description:** Male or Female, Uniformed Organisation. Helping Young People achieve their full potential.**Scouts (North East Norfolk) - Beavers****Tel:** 01263 822582**Age range:** 6 - 8**Website:** www.northeastnorfolkscouts.org.uk/ / www.norfolkscouts.org.uk/**Description:** Male or Female, Uniformed Organisation. Helping Young People achieve their full potential.**Scouts (North East Norfolk) - Cubs****Tel:** 01263 822582**Age range:** 8 - 10.5**Website:** www.northeastnorfolkscouts.org.uk/ / www.norfolkscouts.org.uk/**Description:** Male or Female, Uniformed Organisation. Helping Young People achieve their full potential.**Scouts (North East Norfolk) - Explorer Scouts****Tel:** 01263 822582**Age range:** 14 - 18**Website:** www.northeastnorfolkscouts.org.uk/ / www.norfolkscouts.org.uk/**Description:** Male or Female, Uniformed Organisation. Helping Young People achieve their full potential.**The Carpenter Arms****Tel:** 01692 404821**Age range:** 11-25**Website:** None**Description:****7 Social/Fundraising/Community Organisations****Aylsham & District Ex-Service & Social Club****Tel:** 01263 732182**Age range:** Adults**Website:** None**Description:** Friendly club with good facilities - including games and snooker rooms. New members welcomed. Phone for details.**Aylsham & District Group of the Civil Service Retirement Fellowship****Tel:** 01263 731955**Age range:** Adults**Website:** None**Description:** Meetings for retired civil servants at Friends Meeting House, normally 2nd Monday of month.**Aylsham & District Probus Club****Tel:** 01263 734565**Age range:** Over 60**Website:** None**Description:** Meetings for retired and semi-retired professional businessmen held on the first and third Tuesdays of each month at The Greens, Norwich Road, Aylsham from 10.45am to about 12 noon.**Aylsham & District Round Table****Tel:** 01692 403233**Age range:** Adults**Website:** www.aylshamroundtable.co.uk/**Description:** Round Table no 784**Aylsham & District Royal British Legion****Tel:** 01263 734792**Age range:** Adults**Website:** None**Description:**

Aylsham Friendship Club**Tel:** 01263 732879**Age range:** Adults**Website:** None**Description:****Aylsham Traders Association****Tel:** 01263 733145**Age range:** Adults**Website:** www.aylsham-traders.co.uk**Description:** Supporting businesses in and around Aylsham**Aylsham Twinning****Tel:** 01263 732994**Age range:** Adults**Website:** www.aylshamtwinning.co.uk**Description:****Cittaslow Events Committee****Tel:** 01263 733354**Age range:** Adults**Website:** www.aylsham-tc.gov.uk**Description:** The events committee put on a number of events during the year including the carnival.**Discovery Coffee****Tel:** 01263 734801**Age range:** 60+**Website:** www.jubileefamilycentre.org**Description:** Coffee, friendship, fun and cakes!**Freemasons Suffield Lodge, Mill Road, Aylsham****Tel:** 07770413305 / 01603 872627**Age range:** Adults**Website:** None**Description:****Luncheon Clubs (Aylsham Care Trust)****Tel:** 01263 733879**Age range:** Adults**Website:** www.aylshamcaretrust.com**Description:** Support for those living on their own or who feel isolated. Transport can be provided.**Mnarani Aid****Tel:** 01263-733401**Age range:** All ages**Website:** www.mnaraniaid.co.uk**Description:** A registered charity, based in Aylsham, helping the children of Mnarani Primary School, Kenya.**National Trust Volunteering****Tel:** 01263 738030**Age range:** Adults**Website:** www.nationaltrust.org.uk/main/w-blicklinghallgardenandpark**Description:** Volunteer guides etc**Norfolk Civil Protection Volunteers****Tel:** 01263 734682**Age range:** Adults**Website:** None**Description:****Public Houses - Aylsham Motel, The Black Boys, The Greens, The Feathers & The Unicorn****Tel:** n/a**Age range:** Adults**Website:** None**Description:** Pool & darts tournaments. Live music at The Unicorn.**RAOB - Llamas KC Lodge****Tel:** 01603 738335**Age range:** Adults**Website:** www.raobgle.org.uk/**Description:** RAOB Lodge - Tuesday nights 8.00pm, Lammas KC Lodge, Sutton School of Dance, Mill Road, Aylsham**Rotary Club of Aylsham****Tel:** 01263 733325**Age range:** Adults**Website:** www.aylshamrotary.org.uk**Description:** A world wide social and fund raising organisation for men and women working for the local and international community.

Slow Food - Aylsham

Tel: 01263-733518 / Mob: 07786-892047

Age range: Adults

Website: www.slowfood.com

Description: For details please visit www.slowfood.com and/or contact Giles Margaron to find out more about Slow Food - Aylsham.

Womens Institute - Aylsham (Evenings)

Tel: 01263 735056 / 01603 624580

Age range: Adults

Website: www.norfolkwi.org.uk/

Description:

Women's Institute - Buxton & District

Tel: 01603 897841 / 01603 624580

Age range: Adults

Website: www.norfolkwi.org.uk/

Description: Buxton Village Hall - 2nd Thursday every month (except August) at 7-30pm. Varied programme - talks, demonstrations, outings, lunches. Friendly informal group. All ages welcome.

Womens Section of The Royal British Legion

Tel: 01263 734676

Age range: Adults

Website: None

Description:

8 Sources of Information/Support inc Housing & Transport**Aylsham Library**

Tel: 01263 732320

Age range: All ages

Website: www.norfolk.gov.uk/libraries

Description: Books, free internet access, CDs, DVDs, computers courses ...

Aylsham Tourist Information Centre

Tel: 01263 733903

Age range: All ages

Website: www.visitbroadland.co.uk

Description: Advice, ideas, free maps and guides for the local area and throughout the UK.

council@yourlibrary

Tel: 01263 732320

Age range: Adults

Website: www.norfolk.gov.uk/libraries

Description: Delivering council information at your local library. Need to know about local services? Ask a member of staff for: Leaflets on local services. Free access to County, District and Town or Parish Council websites. A free phone-line to your councils and the

Dare to fly

Tel: 01603 810024 & 07769 256740

Age range: 18 - 80

Website: www.daretofly.co.uk

Description: Life and business coaching support for individuals and organisations - improve all areas of your life and/or your business.

MAP (Mancroft Advice Project)

Tel: 01603 766994

Age range: 11 - 25

Website: www.map11-25.org

Description: Free independent information, advice and counselling for 11 - 25 year olds.

Norfolk Guidance Service

Tel: 07795 020899 / 01603 223885

Age range: Adults

Website: www.norfolkguidanceservice.org.uk/

Description: Norfolk Guidance Service (NGS) provides a range of information, advice and guidance services for adults in Norfolk, relating to learning and work. Up to 3 sessions are free to members of the general public.

The Benjamin Foundation (inc 'Time for You' service for schools)

Tel: 01692 500999

Age range: 2 - 25

Website: www.benjaminfoundation.co.uk

Description: Provides a diverse range of services for children, young people and their families across the county, including support and advice services, pre school facilities, holiday and after school clubs, Parent Support Advisers, drop in youth venues and resident

The Matthew Project

Tel: 24/7 helpline 01603 764754 or admin 01603 626123

Age range: All ages

Website: www.matthewproject.org

Description: Support anyone affected by drugs and alcohol. They work with individuals but also worried parents, carers and young people whose parents use drugs or alcohol.

9 Visitor attractions

Alby Crafts Centre

Tel: 01263 761590

Age range: All ages

Website: www.albycrafts.co.uk/

Description: Contemporary and traditional crafts in working studios, gallery, gift shop, gardens and tea room.

Aylsham Agricultural Show Association

Tel: 01263 732432

Age range: All ages

Website: www.aylshamshow.co.uk/

Description: Traditional one day agricultural show - August Bank Holiday Monday. Next Show Bank Holiday Monday 29th August 2011.

Bewilderwood

Tel: 01603 783 900 (select option 3 to speak to a Twiggle)

Age range: 2 - 14

Website: www.bewilderwood.co.uk

Description: An award winning wild and imaginative adventure park with magical treehouses and hints of intriguing characters.

Blickling Hall

Tel: 01263 738030

Age range: All ages

Website: www.nationaltrust.org.uk/main/w-blicklinghallgardenandpark

Description: Events include estate walks and craft activities

Bure Valley Railway

Tel: 01263 733858

Age range: All ages

Website: www.bvrw.co.uk/

Description: Norfolk's longest Narrow Gauge Steam Railway. Open all year. Free Parking, Whistlestop Café & Souvenir Shop

Inspire Discovery Centre

Tel: 01603 612612

Age range: 4 - Adults

Website: www.inspirediscoverycentre.com/

Description: Hands-on-science centre for children, with special activities during holidays.

Letheringsett Water Mill

Tel: 01263 713153

Age range: All ages

Website: www.letheringsettwatermill.co.uk/

Description: Working watermill open to the public. Produces whole-wheat, stone-ground and spelt flour.

Mannington Hall & Gardens

Tel: 01263 584175 or 01263 768444

Age range: All ages

Website: www.manningtongardens.co.uk

Description: Gardens around medieval moated manor, trees, shrubs, Heritage Rose garden, lake, wildflowers, country walks, bird hide. Walks open daily throughout the year. Many events.

Museum of the Broads

Tel: 01692 581681

Age range: All ages

Website: museumofthebroads.org.uk/

Description: Waterside museum of Broadland life, in a traditional setting at Stalham Staithe. Discover the boats of the Broads and how people's working lives shaped the landscape. Enjoy displays, videos and a playboat. Opportunities to cruise in a 1895 steam launch -

Norfolk Motorcycle Museum

Tel: 01692 406266

Age range: All ages

Website: www.mc-museum.freemove.co.uk/

Description: An interesting collection of over 80 motorcycles from the 1920's to the 1960's.

Wolterton Hall

Tel: 01263 584175 or 01263 768444

Age range: All ages

Website: www.manningtongardens.co.uk

Description: Park open daily for walks. Hall open Friday afternoons from May to October 2011 and by appointment. Many events .

Wroxham Barns

Tel: 01603 783762

Age range: All ages

Website: www.wroxhambarns.co.uk/

Description: Award winning Shopping, Eating, Junior Farm, Craft Studios, Brewery & Rose Centre.

10 Other

Aylsham Car Club - Car Share Scheme

Tel: 0845 602 8030

Age range: Adults

Website: www.aylshamcarclub.com

Description: Car share scheme

Aylsham Conservative Branch

Tel: 01263 733401

Age range: Adults

Website: www.aylsham-conservatives.co.uk

Description: Aylsham Conservative Association

Aylsham Country Market

Tel: 01263 731293

Age range: Adults

Website: None

Description:

Liberal Democrats

Tel: 01263 735316

Age range: Adults

Website: None

Description:

Monday Church Sale

Tel: 01263 733632

Age range: Adults

Website: None

Description: